



STRAWBERRY AND BLUES STEPPAZ

Rules, Regulations & Member Handbook

"We Come Together. We Grow Together. We Step Together."

OUR MISSION

Strawberry and Blues Steppaz is a nonprofit organization dedicated to promoting Southern Soul line dancing throughout Oklahoma while building friendships, confidence, teamwork, and community.

Our goal is simple:

To put Oklahoma on the map by showing the South that Oklahoma Steppaz dance too!

MEMBERSHIP EXPECTATIONS

Being a Strawberry and Blues Stepper means becoming part of a family. Every member is expected to show respect, dedication, teamwork, and positive attitudes.

Communication is one of the most important parts of our organization.

ATTENDANCE

Attendance is extremely important.

To remain an **Active Member**, each member must attend:

- Minimum of **4 Practices per Month**
- Minimum of **2 Events per Month**

Please arrive:

- 30 minutes to 1 hour early for practices
- 30 minutes to 1 hour early for events

This allows time for:

- Meet and Greet
- Warm-up
- Group Photos
- Team Building

Our Motto

"We come as a group. We leave as a group."

If you must leave early, please notify MsVoxxieBrown.

PRACTICE SCHEDULE

Sunday

Mandatory Practice

Monday

Optional Practice

For members wanting additional practice.

Thursday

Optional Practice

Designed for members who missed Sunday or want extra practice.

Practice sessions are approximately **2 hours**.

MEMBER LEVELS

Active Member

Attend at least:

- 4 Practices
- 2 Events

Experienced Strawberry & Blues Stepper

Attend:

- 8 Practices

while consistently demonstrating knowledge of the dances.

LPS4 SYSTEM

Learn 4 Songs

Practice those 4 Songs

Perform those 4 Songs

Then Learn 4 New Songs

Repeat.

This system helps every member continue growing without becoming overwhelmed.

PRACTICE ACCOUNTABILITY

Members are encouraged to record themselves practicing.

If you miss Sunday practice, please:

- Record yourself practicing
- Post the video in the group

If you are uncomfortable posting publicly, send your video privately to **MsVoxxieBrown**.

This helps verify participation and provides opportunities for coaching.

MISSED PRACTICES

If you miss **2 practices within the same week**, you may not participate in that week's event.

We understand everyone has jobs, families, and responsibilities.

Communication is the key.

Please keep MsVoxxieBrown informed.

MUSIC & TRAINING

Practice music is available on the Strawberry and Blues Spotify Playlist.

Dance tutorials and instructional videos will be shared in the group chat and discussed during practice.

TRANSPORTATION

If you need transportation:

Please contact someone **at least 2 hours in advance.**

If someone carpools with you, please help with gas whenever possible.

Always show appreciation to those helping you.

EVENTS

Arrive 30 minutes to 1 hour early.

Bring spending money for personal purchases.

Stay with the group whenever possible.

If you must leave early, notify MsVoxxieBrown.

Remember:

We arrive together.

We represent together.

We leave together.

BEAUTY & APPEARANCE

Please have your hair completed the night before events.

The group will not delay departure because someone is still getting ready.

Thank you for understanding.

ATTIRE

Event attire will be announced before each event.

Examples include:

- Strawberry & Blues Vest
- Group T-Shirts
- Theme Outfits
- Event Colors

Members should arrive dressed and ready.

COMMUNICATION

Communication is REQUIRED.

We use **Facebook Messenger** as our primary communication platform.

Please acknowledge all announcements by:



or another emoji to confirm you have seen the message.

If something is shared for marketing purposes, members are expected to:

- Share it
 - Tag Strawberry and Blues Steppaz
 - Help promote the organization
-

TEAM BUILDING

Team Building Night

Every Friday and Saturday we visit the HOME of STRAWBERRY and BLUES STEPPAZ – Moes Club 6000 located at 6000 N Bryant Ave Oklahoma City, OK

FEES

Currently there are **NO membership fees**.

Donations are always appreciated and help support the organization.

MEETINGS

Meetings are mandatory.

Meetings will be held after Sunday practice.

Members unable to attend practice will receive updates through Messenger.

STRAWBERRY & BLUES COLORS

♥ Red = Strawberry (Female)

♥ Blue = Blues (Male)

♥ Purple = Unity

Together these colors represent teamwork, family, and togetherness.

RECRUITMENT

When recruiting new members, please collect:

- Full Name
- Date of Birth

- Email Address
- Facebook Name
- Phone Number

This information is used for:

- Administration
 - Safety
 - Communication
 - Birthday Recognition
 - Community Building
-

DECISION MAKING

No member should make:

- Event plans
- Arrangements
- Announcements
- Flyers
- Advertising
- Group decisions

without first discussing them with **MsVoxxieBrown** or receiving approval from the group through a vote.

PLANNING

We will no longer make last-minute plans.

Whenever possible, all activities should have at least:

- 24-hour notice
- Preferably 48-hour notice

This allows everyone time to prepare.

DANCE FOCUS

Until Strawberry and Blues develops its own unique style, members should focus on learning and mastering our official line dances.

RESPECT

Treat everyone with kindness and respect.

Encourage beginners.

Help each member feel comfortable.

Build confidence—not competition.

We rise together.

SOCIAL MEDIA

Do NOT advertise personal businesses or unrelated content on any Strawberry & Blues page.

If you would like something posted, please contact **MsVoxxieBrown** for approval.

No member should post directly without permission.

OUR CURRENT FOCUS

As we continue growing, we will focus on:

- Practices
- Learning Line Dances
- Recruiting
- Team Building
- Flyers
- Business Cards
- Photography
- Introductions
- Merchandise

One step at a time.

Strong foundations build strong organizations.

OUR PURPOSE

The reason Strawberry and Blues Steppaz was created is to unite Oklahoma line dancers and show the South that Oklahoma proudly represents Southern Soul culture.

We believe in building friendships, encouraging one another, and creating a dance family that welcomes everyone.

Together, we can put Oklahoma on the map.

MEMBER AGREEMENT

I acknowledge that I have read and understand the Strawberry and Blues Steppaz Rules and Regulations.

I agree to follow these guidelines and help represent Strawberry and Blues Steppaz with integrity, respect, teamwork, and positivity.

Member Name: _____

Signature: _____

Date: _____

Received by MsVoxxieBrown: _____